

The Hills Are Alive



How musical play enhances learning and wellbeing
BGEN Annual Conference, November 2017





Not just about song titles...



Although there are some interesting examples...

Gardens & plants in care settings

Physical activity and functionality

Primacy of 'sensory' experience

Purpose & use

Reminiscence

Meditation and contemplation: dealing with mortality

Pleasure, joy, decoration

Skill & knowledge

Seasonal orientation, time & task

Healing environments



Horticulture / Medicine / Music



FIG 18. Pueblo medicine-man. Note rattle made from a gourd.



Use of music in learning

Autumn

Rhyme

Autumn winds begin to blow. (blow)
Colored leaves fall fast and slow. (fall motion with fingers)
Twirling, whirling, all around, (turn self around)
Till at last, they touch the ground. (fall to the ground)

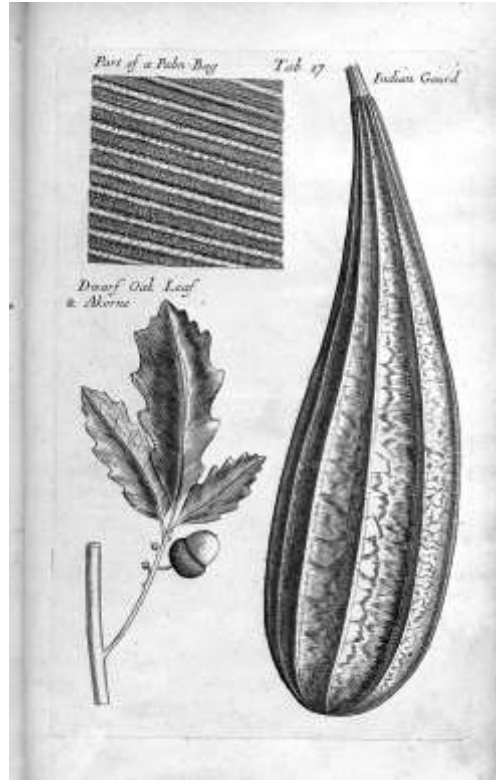


© 2014 teachingprints.org





Where is the rosewood?



Where are the gourds?



27

A THICKET OF CACTUS (*CEREUS DYCKII*) IN GUATEMALA.

Where is the cactus?

Musical Pathways

Social

Body



Evolutionary psychology
Child development
Neuromusicology
Music and medicine
Music Therapy
Music and emotion
Music Sociology
Communicative Musicality
Ethnomusicology
Medical ethnomusicology
Medical Humanities
Sound studies
Healing Environment
Music history & composition

Mind

Body

Brain - how music works

Physical function - skill, learning, rehabilitation

Fitness / Dance

Fine / Gross motor - gait training, coordination, purpose

Being in space, movement, journey, psychogeography



What do you have to do in order to make sounds?

Mind

Communication

Meaning processing

Time - seasons, pausing, slowing

Reminiscence & transporting

Attention / concentration / goodwill / pleasure



what does this music make you think / feel?

Social

Interaction / intersubjectivity

Inclusion

Motivation

Performance

Culture - cues, tribes, interest, art



what social / cultural forms do this music suggest?

Group activity

Choose one instrument

Consider an educational strategy from body / mind / social perspectives

Present your ideas to the group

ideas

Messiaen / sound environment / healing gardens

Dance / exercise / labyrinths
thyme”

“Parsley / sage / rosemary &

“Lavenders Blue”

Outdoor instruments

scrap metal

Soundbeam / motion sensor

song bouquets

QI codes

Satellite / mobile projects

Feedback / Assessment

FI-MA model: lessons from the arts therapies

Non / post-verbal communication

Consents for audio / video recording of sessions

Thank you

stuart.wood@gsmd.ac.uk

